

Relationships | TEAM

Key Knowledge

Team

A **team** is a group of people who work together to achieve something. Working as a **team** can help us to feel good because we are contributing to something.



Team Skills

There are certain skills that help us to work as part of a **team**. Some of these are: **listening**, talking, showing **respect**, **kindness** and **empathy**. This means we can think about how the other people in our **team** might feel about things. When we work as a **team**, we can do things that we are not able to do on our own.

Positive Mindset

If we have a positive **mindset** about our learning, we can make sure we continue to try when things get tricky. By having a positive learning **mindset**, we can try new things when a task is feeling difficult, learn from our experiences and see challenges as opportunities to learn and improve.

Key Vocabulary

team

A group of people working together.

achieve

To complete or do well at a task or goal.

mindset

Our attitude towards something.

compliment

Something nice we say to someone else.

kindness

Being friendly, generous and considering the feelings of others.

empathy

Being able to understand and share the feelings of others.

belonging

When we feel part of a group.

listen

Hearing and concentrating on what someone is saying.

conflict

An argument or disagreement between two or more people.

respect

A way of treating or thinking about someone that shows they are important and they are valued.

considerate

Thinking of others and how they might feel.

polite

Speaking with good manners and respect.

bullying

Doing something repeatedly to hurt someone's body or feelings on purpose.

teasing

Making fun of or playing tricks on someone.

Unkind Behaviour

Unkind behaviour can cause uncomfortable emotions. There are different types of behaviour that might cause people to feel uncomfortable emotions. These include joking, **teasing** and **bullying**. If we know about or experience any unkind behaviour, it is important to speak to a trusted adult straight away.

Listening

It might help us to **listen** if we look at the person who is talking, if our hands and feet are calm and still, and if we are not talking at the same time.

Listening to others helps us to work as part of a **team**. **Listening** to other people helps us to learn from, understand and show **respect** to people around us.

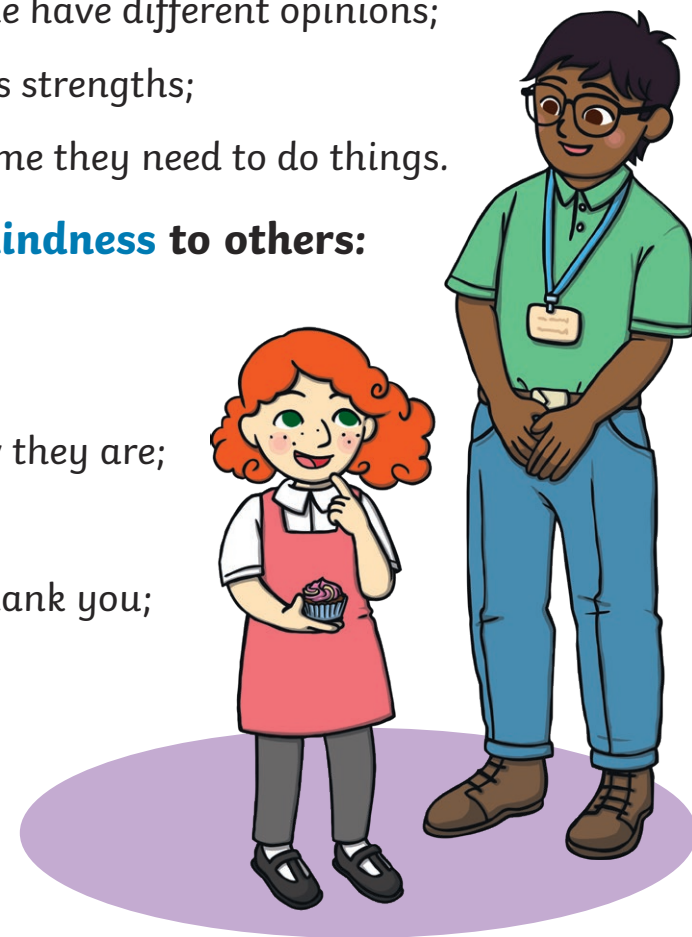


Key Learning Point: **Kindness** and **Respect** Ways to show **respect** to others:

- **listen**;
- speak **politely**;
- use kind words and actions;
- understand people have different opinions;
- value each other's strengths;
- give people the time they need to do things.

Ways to show **kindness** to others:

- smile;
- help others;
- ask someone how they are;
- tidy up;
- say please and thank you;
- share;
- welcome others.



To look at all the planning resources linked to the **KS1 TEAM** planning, [click here](#)