

Netball

Year 5 & 6 Netball



In this unit children get to experience match play having refined the specific skills involved in the game. They learn the positions, the restrictions within each role and what the rules of the game are.

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
SKILLS I can.....	Send a netball in a variety of ways. Receive a ball and already know what I want to do with it.	Pass accurately and using a variety of passes Anticipate the play and release the ball quickly and efficiently	Shoot with good technique Land and pivot to pass the ball.	Shoulder pass accurately and with force. Create space for myself.	Position myself to take rebounds from missed shots Participate purposefully in a netball match	Apply some tactics we have decided on as a team Play by the rules
KNOWLEDGE I know.....	How to signal for a pass That I need to move to new space after passing.	How to disguise my passes That when I get sideways on to receive a ball it opens up the court.	What the terms, 'landing foot, pivot and stepping' mean. The rules around shooting	Some attacking principles. To communicate non verbally on court	What the different roles are within Bee Stinger netball Where I am allowed on court when playing specific positions	The school games values that I need to display -passion, self-belief, respect, honesty, determination and teamwork. What infringements look like&how to re-start after them
ASSESSMENT I can...	Read the play and show tactical awareness	Work constructively, irrespective of who I am working with	Demonstrates specific tactical/performance awareness as an individual and team member.	Read the play and show tactical awareness	Work constructively, irrespective of who I am working with	Demonstrates specific tactical/performance awareness as an individual and team member.

Tag Rugby

Year 5 & 6 Tag Rugby



In this unit children learn to overlap, how to play advantage and to restart after infringements in small sided games

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
SKILLS I can.....	Pop pass and pocket pass. Tag someone safely. What constitutes a try and what doesn't	Send and receive a ball on the run and under pressure. Pass well to my left and right	Pass a rugby ball backwards consistently. Pass accurately. Dummy a pass.	Pass missing out players in a line. Take a tap penalty with a dummy half	Attack in staggered lines. Organise my position so that I receive passes on the run.	Apply skills effectively Develop game understanding and compete in a game of Tag Rugby
KNOWLEDGE I know.....	How to grip a ball and the importance of carrying it in 2 hands. Know when to pop pass and when to pocket pass.	What position I need to get into when passing left and how it changes when I pass to my right. How to 'roll' my hands when changing position and making catches	To close the space when defending and be wary of the dummy pass. What a knock on is and a forward pass.	What offside is To run on to the ball at pace	To organise attacking lines in a staggered formation either side of the ball. Each team has a limited number of tackles before possession of the ball changes to the other team.	When advantage is and isn't played. That we can operate as a team with a full back That when we get the ball in the centre of the pitch near our opponent's line we stretch their defence.
ASSESSMENT I can...	Knows when to attack and when to defend and puts the needs of the team first	Able to work constructively, irrespective of who they are working with or the area of PE.	Has a range of physical, social and cognitive skills which they utilise across the curriculum	Knows when to attack and when to defend and puts the needs of the team first	Able to work constructively, irrespective of who they are working with or the area of PE.	Has a range of physical, social and cognitive skills which they utilise across the curriculum